

Momentum Multiply is a rewards programme that **guides, motivates and rewards** you for taking everyday steps to live a **better and happier life on your journey to success**.

The more points you earn, the higher your status and the better your rewards. Multiply your life in 2022 with this go-to guide to earn points, move up in status and get rewarded.

	Bronze	Silver	Gold	Platinum	* Private Club
Single	0	250	500	650	750
Family	0	500	1000	1300	1500

^{*} Get to Private Club status when you have been a Multiply Premier member for 2 years or more.



Be healthier

Max points*





Activity		Points	Points limit
Complete your health and activity questionnaire Visit multiply.co.za and complete the questionnaire.	Once a year	20	Single Family 20 40
Go for your health assessment to know your Healthy Heart Score Go for your <u>free health assessment</u> .	Once a year	30	
Get more points for an amber Healthy Heart Score Get an amber Healthy Heart Score and get rewarded with more points.	Once a year	30	Single Family 100 200
Get more points for a green Healthy Heart Score Get a green Healthy Heart Score and get rewarded with even more points.	Once a year	70	
Submit proof of your Covid-19 vaccination Send a copy of your vaccination card and Multiply client number to multiply@momentum.co.za or WhatsApp 0861 88 66 00 and we will allocate your points within 48 hours after validation.	Once off	up to 40	Single Family 40 80
Check your Stress Score Earn 1 point a month, up to a maximum of 10 points, for measuring your Stress Score with the Momentum Multiply app.	Once a month	1	
Have an active day Choose one of these activities to get an active day: Get active at any of our gym partners Track your activity with any of our supported devices Participate in the Parkrun through FitVault Log an event through EntryTime	Once a day	1	Single Family 80 160
Complete and log an elite event Participate in and complete a high-endurance elite event and log it on Entrytime to get more points in addition to your 1 active day point. Points depend on the elite event.	For every elite event completed	10 or 20	
Go for a fitness assessment Book your fitness assessment with one of our accredited health professionals on multiply.co.za. Pay R230 for an online assessment (valid for six months) and R440 for an in-person assessment (valid for one year).	Online Twice a year In-person Once a year	5 10 2 Level 1 Level 2 Lev	nel 3 Level 4 Level 5 0 30 40 nel 3 Level 4 Level 5 0 60 80
☐ Unlock more Active Dayz™ Go for a fitness assessment or complete an elite event and unlock 80 more points for Active Dayz.	Once a day	1	Single Family 80 160

 $[\]mbox{\ensuremath{^{\star}}}$ The maximum number of points are subject to completing the unlocking activities.

Be safer

Max points*





Activity	Points	Points limit		
Complete your safety questionnaire to know your Safety Score Visit <u>multiply.co.za</u> and complete the questionnaire.	Once a year	20	Single Family 20 40	
Get points for your Safety Score result You will get a Safety Score once you have completed the safety questionnaire. You can improve your Safety Score by implementing the safety recommendations or submitting validations. Points are awarded for your Safety Score.	Once a year	Above 80% • 50 71% to 80% • 40 55% to 70% • 30 Below 55% • 0	Single Family 50 100	
Have a travelling safe day Activate <u>Safe Dayz™</u> on the Momentum app and stay safer when you travel.	Once a day	1		
Have a non-travelling safe day Activate <u>Safe Dayz™</u> on the Momentum app and stay safer when you stay at home.	Once a day	1	Single Family 80 160	
Check the safety of your car at Tiger Wheel & Tyre Visit Tiger Wheel & Tyre and get your MultiPoint Vehicle Safety Check for just R99.	Once a year	40		
Check the safety of your car at Tiger Wheel & Tyre and unlock 30 more points for travelling Safe Dayz.	Once a day	1	Single Family 30 60	

 $[\]mbox{\ensuremath{^{\star}}}$ The maximum number of points are subject to completing the unlocking activities.

Be on top of your finances

Max points





Activity		Points	Points limit
Complete the financial wellness questionnaire Visit multiply.co.za and complete the questionnaire.	Once a year	20	Single Family 20 40
Go for a yearly review with a financial adviser Complete your yearly financial review with your Momentum Financial Planner or Independent Financial Adviser. He/she must submit a declaration of advice to us.	Once a year	100	Single Family
Grow your savings with Multiply Money Earn points for making a deposit of R500 or more every month and maintaining your savings wallet balance. The more you save, the more you earn. Points are rewarded monthly for maintaining a minimum daily balance. A deposit of at least R500 every month is also required.	Once a month	R2 000 • 5 R5 000 • 10 R10 000 • 20	Single Family 80 160



Have cover

Max points





Activity		Cover	Points					
Have cover with Momentum			<1 year	1 year	2 years	3 years	4 years	5+ years
Keep your policies with Momentum and/or Momentum Metropolitan-administered schemes active and automatically get points awarded every year. Note: Only premium-paying policies or policies with a minimum fund value of R50 000 qualify.		Risk cover	50	55	60	65	70	80
	Once a year	Car and home cover	50	55	60	65	70	80
		Health	50	55	60	65	70	80
		Wills	50	55	60	65	70	80
		Retirement	50	55	60	65	70	80
		Savings	50	55	60	65	70	80

Get Multiply now!

Apply online at multiply.co.za | SMS MULTIPLY to 40717 | Email multiply@momentum.co.za Call us on **0861 88 66 00** | Speak to your financial adviser

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