

# Multiply Wins

## Weekly Wins

### What is Weekly Wins?

Weekly Wins rewards you for reaching your weekly activity targets. To enable you on your journey to being fit and active, we're personalising your goals according to the target you achieve. Once you reach your weekly target, you'll be rewarded with a treat. You choose one treat a week from the list of treats available.

### How do I get Weekly Wins

You need to achieve your weekly physical activity target and sync your device daily to see if you've achieved your weekly goal. Once you've earned it, choose your treat.

### What activities are eligible for Weekly Wins?

Make sure you log activities through an activity tracking device or your phone that you've linked to your Multiply profile. This includes:



earning 300  
calories per  
activity



taking 10 000  
steps a day



completing an  
elite event or  
a Parkrun

Gym visits do not qualify for Weekly Wins.

You can use Strava with most smartphones, which you can link on the Multiply app or website. For Huawei phones, link your Huawei Health app on the Multiply app and website.

For Apple phones, link your HealthKit app on the FitVault app. For Samsung phones, link your Samsung Health app on the FitVault app. Once you sync your device, all activity information will be passed on to Multiply.

### What Weekly Wins treats can I choose from?



R25 Dis-Chem voucher



R25 Wimpy voucher to use when you spend R100 or more. OR A hot beverage from Wimpy including and limited to:

- Regular Caffè Latte
- Regular Cappuccino
- Regular Coffee
- Regular Americano
- Single Espresso

\*excludes Hot Chocolate, Decaf and Cremoccino



R25 Nando's voucher to use when you spend R100 or more at Nando's restaurants. Available in-store only.



R25 Total voucher for fuel and in-store purchases at participating stores. This excludes items from Café Bonjour.



R30 Fishaways voucher for in-store purchases at participating stores.



R50 NetFlorist voucher

# Monthly Wins

## What is Monthly Wins?

You get a supersized treat if you achieve 4 consecutive Weekly Wins.

## How do I earn Monthly Wins?

You need to achieve a 4-week Weekly Wins streak and remember to sync your device weekly. Once you earn your Monthly Wins, choose your treat.

## What Monthly Wins treats can I choose from?

Choose one treat for each Monthly Win:

<p>R125 partner voucher</p> <div></div> <p>R150 NetFlorist voucher when you spend R450 or more</p>	<p>R100 into your HealthSaver account</p> <p>This option is available if you've achieved at least a Level 3 fitness assessment result and uploaded proof that you've been vaccinated against Covid-19.</p>
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## How do I choose a Weekly or Monthly Wins treat?

- You choose a treat as soon as you have a Weekly or Monthly Win.
- You'll have 14 days to choose your Weekly Wins treat and 7 days to choose a Monthly Wins treat. So, this means that you can choose your treat from the Monday after you got your Weekly or Monthly Win.
- Log in to [multiply.co.za](https://multiply.co.za) to choose your treat. Once you've chosen your treat, click on "Use a reward" to get your voucher code. We'll send you the code via SMS.
- Remember to show your code at the point of sale.
- Your voucher is valid for 14 days from date of issue. The expiry date is displayed on it.
- If you do not use the full value of the voucher, no change will be given and the balance will fall away.

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